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MAHDERE-SEBEHAT LEDETA LEMARIAM  
ETHIOPIAN ORTHODOX  
TEWAHEDO CHURCH



**Lessons are prepared by Ledeta LeMariam  
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In the name of the  
Father, and the Son, and  
the Holy Spirit, one God.  
Amen.



## Begin with the Lord's prayer

Our Lord and Savior, our King and God, we thank you for gathering us here to stand before you to call on your Holy Name.

Heavenly Father, teach us to trust You in everything we do. Our God open our eyes, ears, hearts and minds that we may hear Your Word, keep it in our hearts and tell our friends about your glory and honor.

Bless all the children and keep them safe. Hear us when we humbly and thankfully pray to you.



Our Father, who art in heaven

Hallowed be thy name,

Thy kingdom come,

Thy will be done

On earth as it is in heaven

Give us this day our daily bread

And forgive us our trespasses

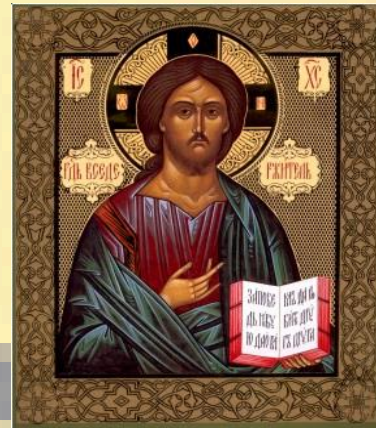
As we forgive those who trespass against us

And lead us not into temptation

But deliver us from the evil one

For thine is the kingdom, the power, and the

Glory. Forever, Amen.



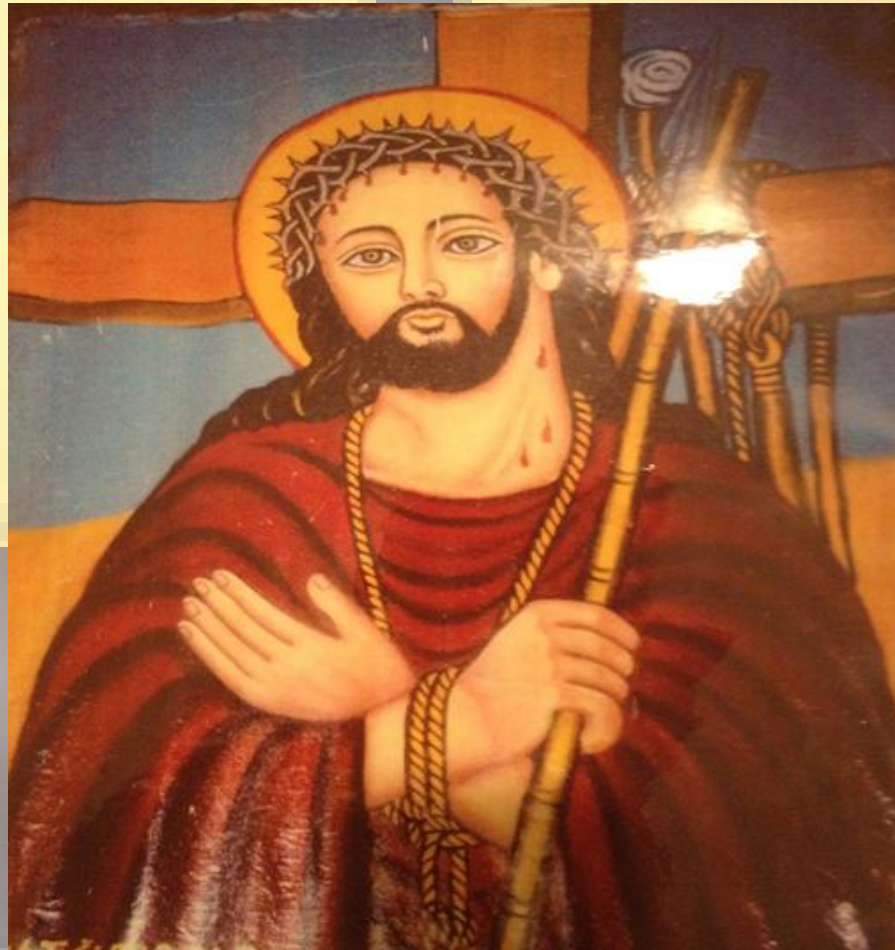
O our Lady, as St. Gabriel greeted you, “Hail Mary, full of grace, the Lord is with you.” True Virgin in conscience as well as body, blessed are you among women and blessed is the fruit of your womb.

Holy Mary, the God-bearer, pray that your beloved Son, Jesus Christ, may forgive us our sins. Amen.



**Say The Jesus Prayer 3 times**

**Lord Jesus Christ, Son of God,  
have mercy on me, a sinner.**



# MEMORY VERSE

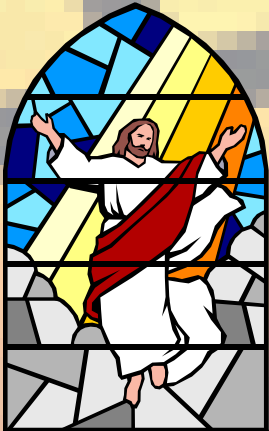
**Can anyone tell me  
last week's  
memory verse???**



# Recite Last week's memory verse

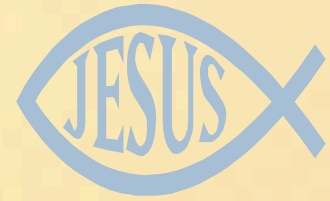
**“You shall receive power when the Holy Spirit has come upon you”.**

**(Acts 1:8)**





# Review



**1. Where did the disciples go after the Ascension?**

- *Back to Jerusalem, in St. Mark's house.*

**2. What did they do while waiting?**

- *They were praying and fasting*

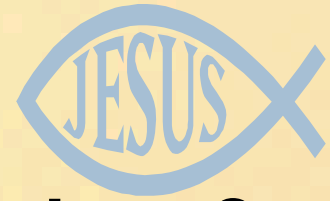
**3. What happened the day of Pentecost?**

- *The Holy Spirit of God filled the apostles and they spoke in different languages.*

**4. At what hour the Holy Spirit filled the apostles?**

- *3<sup>rd</sup> hour = 9 am*

# Review



**5. What did the people think about them?**

- *They thought they were drunk.*

**6. How many were saved by one sermon from Peter?**

- *Up to 3000*




**7. What did they do to join the new church?**

- *Believe in Jesus Christ as Lord and Savior, Repent their sins, receive the Holy Spirit in Baptism*

**8. How did they live after that? Did anybody have a need to a thing?**

- *They shared everything . No one was in need.*
- *They were in joy praising God and loving Him for everything He does.*

# Class Covenant

I will keep my  on my teacher,  
my  in control,  
my s on God's Word;  
knowing God is my goal.

# Christ teaches Nicodemus about salvation



June 08, 2014



# Memorize today's Verse

**“Follow Me, and I will make you fishers of men.”**

**Matthew 4:19**



**Practice this verse again during the week.**



# Story Telling....

Nicodemus was a Jewish ruler and a Pharisee. The Pharisees were a group of religious people who wanted everyone to follow their rules. Many of them said Jesus was not God's Son. But Nicodemus wanted to meet the Lord Jesus for himself. Let's listen to find out what our Lord Jesus Christ taught Nicodemus. (Read John 3:1-5.)

# Story cont'd....

Being born is the beginning of your life.

**Being born again is the beginning of your new life following Jesus Christ.**

When you believe in Him and get baptized, God gives you a whole new start with a new life. It's an eternal life, which means you live forever, even if your body dies.

# Story Cont'd

Christ told Nicodemus that in order to enter God's Kingdom, **we must be born again.**

Our first birth is from a mother's body. Nicodemus wondered how a big grown up can be born like that again. He asked, "How can that be?"



Story cont'd...

Our Lord Jesus answered Nicodemus by saying that when we are born again, it is through **water and the Holy Spirit.**

Let's try to picture what our Lord meant by that.

Through water, we are baptized. That means we are dunked in water as a sign to everyone that we believe in the **Holy Trinity (Father, Son and The Holy Spirit)**.

Just as everyone can see this water, everyone can see when someone is baptized for being born again.

**Through the Holy Spirit**, we believe and follow our Lord and Savior Jesus Christ.

When we are born again, the Holy Spirit comes and lives in our hearts forever. **He helps us follow Jesus.**

We cannot see the Holy Spirit because He is ***like*** the wind. Just as we cannot see breath or wind blowing, we cannot see the Holy Spirit. The Holy Spirit is like the breath or wind that moves us in the right direction to keep us following and glorifying our Lord and Savior Jesus.

At first it was hard for Nicodemus to understand what it meant to be born again.

Nicodemus was a very wise and religious man and he still had questions.

**You may have a question just as Nicodemus did.** Ask God in prayer and ask your priest or Sunday school Teacher.



# Connecting the Old Testament, the New Testament and Us

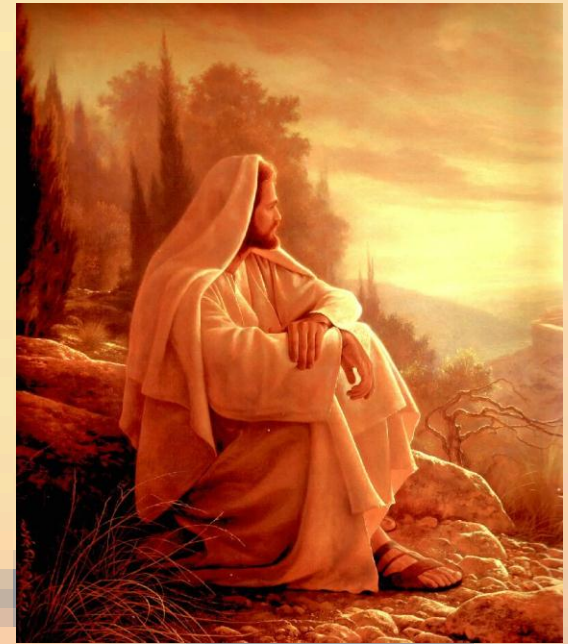
- Jesus Christ talked with Nicodemus about being born again.
- Through the prophet Ezekiel, **God promised us a new heart and a new spirit** for our new life close with Him. Check out how this promise explains being born again.

## Read Ezekiel 36:25-27

Then I will sprinkle clean water on you, and you shall be clean; I will cleanse you from all your filthiness and from all your idols. **I will give you a new heart and put a new spirit within you;** I will take the heart of stone out of your flesh and give you a heart of flesh. I will put My Spirit within you and cause you to walk in My statutes, and you will keep My judgments and do them.

# Conclusion

- **we learned about being born again.**
- **God made you and He cares for you.**
- **He loves to hear you pray with private words or words you say out loud.**

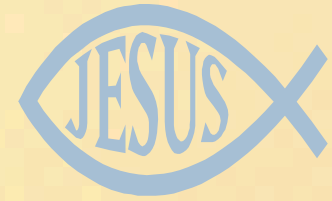


# Movie Clip

Show a short movie clip about the story, if available.



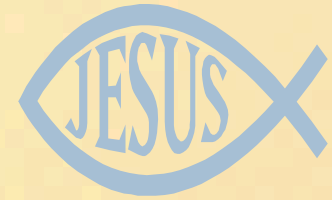
# Pop Quiz



- What did Jesus tell Nicodemus he needed to do?  
(Be born again.)
- Nicodemus thought Jesus meant he should be born as a baby again. He knew that was impossible. But Jesus meant a different kind of birth. What type of birth was Jesus talking about?  
(Starting a new life forever with God.)
- Does being born again mean we go back into our mother's body?  
(No, our body does not change its size or age.)



# Pop Quiz



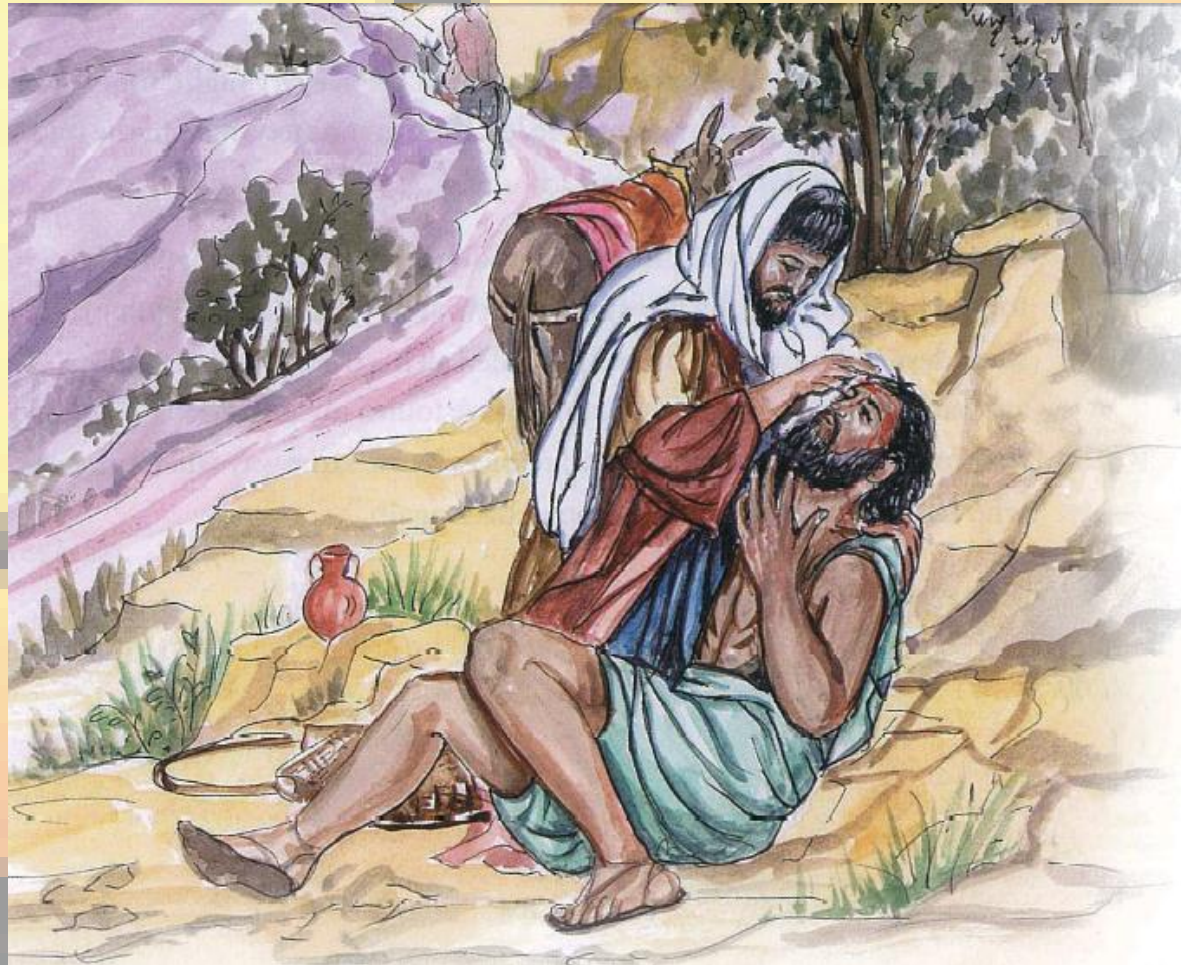
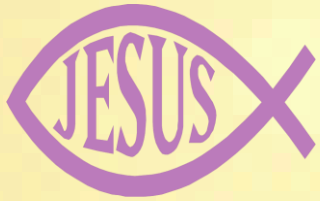
■ What does it feel like to be born again?

(Some people feel like a whole new person. Some people don't feel anything. No matter what you feel, if you believe Jesus Christ is God's Son who died for you and you've decided to follow Him by obeying His commandments for the rest of your life—you are born again. The Holy Spirit is living in your heart even if you don't feel any different.)

The End

# Next Week

We will learn about the  
**Parable of the Good  
Samaritan.**





May the love of God the **Father** and the grace of our Lord **Jesus Christ** and the fellowship of the **Holy Spirit** be with you.

**All:** And with your Spirit.

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

## 3 things we all can do to strengthen our relationship with God

1. Read the Holy Bible daily preferably when we get up in the morning. 5 minutes to start.
2. Partake Holy Communion regularly.
3. Remember God throughout the day. We can repeat short prayer such as “Lord Jesus Christ have mercy on me.”



# JESUS CHRIST

- “For there is no other name under heaven given among men by which we must be saved” (Acts 4:12)







We are one in Christ



*“And you shall know  
the truth, and the  
truth shall make you  
free.” John 8:32*



Any question?

Close with prayer.

